

البسطة التحتا | BASTA TAHTA

شارع ٢١ | RUE 21

LEBANESE STREET FOOD.

Mezza Me

HANDMADE WITH LOVE.

شارع  
الحمراء  
RUE  
HAMPA





# Lebanese Street Food

Relive the nostalgia of growing up with the taste of home-made hummus and richly stuffed wraps. We've revamped Teta's traditional Lebanese recipes and given them a bit of a glow up.

Featuring all your classic mezza favourites like smooth hummus, shawarma for days, and sinfully fluffy falafel, our menu (and portion sizes) aim to satisfy. Giving it a South London twist, we've introduced some beefed up co-stars like our mega 8" wraps.

Veggie, Vegan or meaty, there is something for even the most unassuming urban foodie.



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بيروت



الحمراء

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HAMRA





INDULGE IN OUR COMPLIMENTARY  
LEBANESE BREAD

## Cold Starters

### HUMMUS • 4.75 V

Blended chickpeas, tahini, and fresh lemon juice topped with extra virgin olive oil and chick peas

Add Chicken: 5.95 | Add Lamb: 5.95

### SPICY HUMMUS • 4.95 V S

Hummus topped with chillis, accompanied with chopped mixed pickles

### BEETROOT HUMMUS • 5.00 V

Beetroot puree with tahini, chickpeas, lemon juice and topped with extra virgin olive oil

### BABAGHANOUSH DIP • REGULAR OR SPICY • 4.95 V

Fresh grilled aubergine blended with tahini and parsley, topped with extra virgin olive oil and fresh pomegranate seeds

### VINE LEAVES (WARAK INAB) • 4.95 V

Seven pieces of hand rolled vine leaves filled with rice, tomato, parsley and fresh mint served with a lemon wedge

### MINI MEZZA MIX • 7.95 V

Three of our Mezza Me Favourites in one serving: hummus, babaghanoush dip and freshly prepared hand chopped tabbouleh salad

### LABNEH BOWL • 4.50 V

Thick and creamy labneh (pressed yogurt) drizzled with extra virgin olive oil

### LOUBIEH BI ZEIT • 4.95 V

French green beans braised in olive oil, garlic and chopped tomatoes served drizzled in extra virgin olive oil

### BROAD BEANS • 4.95 V

Broad beans boiled and served with coriander and smashed garlic, drizzled in extra virgin olive oil

### MOUSSAKA • 4.95 V

Fried aubergine, green & red peppers, onions, chickpeas mixed with our homemade tomato sauce

### MOUJADARA • 4.50 V

A mixture of cracked wheat, green lentils and rice cooked in extra virgin olive oil topped with onions

### OKRA • 4.95 V

Okra cooked with onion, garlic, coriander, extra virgin olive oil and tomato sauce

V VEGETARIAN S SPICY DISH

Please ask your waiter for any allergy advice



## Hot Starters

### LENTIL SOUP • 4.50

Our signature recipe lentil soup, served with crispy pita and lemon wedge

### SQUJOUK SAUSAGES • 5.50

Homemade Lebanese spicy sausages sauteed in lemon

### NAUGHTY CHIPS & SHAWARMA • 6.95

French fries topped with our authentically seasoned chicken shawarma, garlic and tahini sauce

### FALAFEL • 4.50

Four pieces of falafel; ground chickpeas and sesame seeds mixed and fried to perfection

### GRILLED HALLOUMI • 5.50

Four pieces of chargrilled halloumi served with fresh tomato, topped with fresh thyme and drizzled with extra virgin olive oil on top

### SPICY POTATO • 4.50

Chunky cubes of spicy seasoned potatoes topped with fresh cilantro

### SAMBOUSEK CHEESE 4.50

Four pieces of golden fried pastry filled with cheese

### PUMPKIN KEBBEH • 4.95

Four pumpkin and spinach dumplings in a cracked wheat shell fried to perfection

### KEBBEH • 4.95

Four perfectly fried ground lamb, seasoned with Middle Eastern spices, cracked wheat and minced onions

### CALAMARI • 5.50

Deep-fried rings of squid, served with a seafood sauce

### TIGER PRAWNS • 6.00

Deep-fried tiger prawns served with aubergine, red & green peppers

### GRILLED CHICKEN WINGS • 4.50

Four pieces of grilled marinated chicken wings served with garlic sauce

### GRILLED VEGGIES • 4.95

Grilled cauliflower, aubergine, courgette and red peppers served with fresh cut greens and drizzled with a hint of extra virgin olive oil

 VEGETARIAN  SPICY DISH

Please ask your waiter for any allergy advice



## Fresh Salads

### FATTOUSH SALAD · 5.25 V

Chopped romaine lettuce, cucumber, mixed peppers, radishes, tomatoes, onions and a crispy pita served with our traditional fattoush dressing and topped with pomegranate seeds

### TABBOULEH · 4.50 V

Our signature salad: hand chopped fresh parsley, diced tomatoes, onions and crushed wheat mixed with a lemon juice, extra virgin olive oil, and fresh mint dressing

### HALLOUMI SPINACH SALAD · 6.75 V

Grilled halloumi cheese and fresh tomato slices served on a bed of spinach topped with our authentic pomegranate dressing

### BEETROOT & WALNUT SALAD · 6.00 V

Freshly prepared beets, red onions and candied pecans on a bed of spinach topped with our authentic pomegranate dressing

### RAHIB SALAD · 5.95

Flame-grilled aubergine served with tomato, onion, garlic, parsley and lemon juice, drizzled in extra virgin olive oil

### GRILLED VEGGIE SALAD · 5.50

Grilled cauliflower, aubergine, courgette and red peppers served with fresh cut greens and drizzled with a hint of extra virgin olive oil

## · ADD TO YOUR SALAD ·

2 BALLS OF  
FALAFEL

£2.50

LAMB KAFTA  
SKEWER

£3.95

TAWOUK CHICKEN  
SKEWER

£3.95

CHICKEN  
SHAWARMA

£3.95

BBQ LAMB  
SKEWER

£4.95

LAMB  
SHAWARMA

£4.50

V VEGETARIAN S SPICY DISH

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## Wraps

### 8" TAWOUK CHICKEN BREAST WRAP • 4.50

Regular or spicy. A skewer of shish tawouk with tomatoes, pickles and garlic sauce wrapped in Lebanese bread

### 8" KAFTA MINCED LAMB WRAP • 4.50

Grilled BBQ kafta skewer with hummus, fresh parsley, turnips, pickles, onions and tomatoes wrapped in Lebanese bread

### 8" SOUJOUK SAUSAGE WRAP • 4.75 \$

Homemade Lebanese spicy sausages sauteed in lemon, topped with tomatoes and pickles and wrapped in Lebanese bread

### KAFTA SUPREME • 4.50

Ground kafta lamb, mayo, tomato, pickle, sumac and chilli powder wrapped in Lebanese bread and grilled to perfection

### 8" CHICKEN SHAWARMA WRAP • 4.50

Authentically seasoned chicken shawarma, tomatoes, pickles and garlic sauce wrapped in Lebanese bread

### 8" LAMB SHAWARMA WRAP • 4.75

Authentically seasoned lamb shawarma, fresh parsley, onions, turnips, pickles, tomatoes and tahini sauce wrapped in Lebanese bread

### 8" MIXED SHAWARMA WRAP • 4.95

Authentically seasoned chicken and lamb shawarma, fresh parsley, onions, turnips, pickles, tomatoes and tahini sauce wrapped in Lebanese bread

## Vegetarian Wraps

### 8" HALLOUMI WRAP • 4.50 V

Fresh grilled halloumi, tomato, cucumber, thyme herb, extra virgin olive oil wrapped in Lebanese bread

Add Vine Leaves: 5.50 (2pcs)

### 8" FALAFEL WRAP • 4.50 V

Two pieces of falafel, fresh parsley, turnips, pickles, tomatoes and tahini sauce wrapped in Lebanese bread

### 8" ZAATAR MANOUSHE • 3.95 V

Thyme, tomato, cucumber, mint, olives drizzled with extra virgin olive oil mixed with zaatar, wrapped in freshly baked thin Lebanese bread

### 8" HUMMUS & VINE LEAVES WRAP • 4.50 V

Hummus topped with two pieces of vine leaves, parsley, turnips, pickles, tomatoes wrapped in Lebanese bread

### 8" SPICY POTATO WRAP • 4.50 V \$

Chunky cubes of spicy seasoned potatoes topped with fresh cilantro, garlic, spices and tahina wrapped in Lebanese bread

### 8" GRILLED VEGGIE WRAP • 4.50 V

Grilled cauliflower, aubergine, courgette and red peppers served with pickles and wrapped in Lebanese bread

## • ADD TO YOUR WRAP •

FRENCH FRIES  
& SOFT DRINK

£2.00

UPGRADE TO  
SAJ BREAD

£2.00

GO  
LARGE

£2.00



## Burgers

### LAMB BURGER • 10.50

Not your average lamb burger, 100% British lamb marinated and spiced with traditional Lebanese flavours and flame grilled. Served with chips.

### CHICKEN BURGER • 9.95

A South London classic with a Lebanese twist - chicken breast marinated with traditional Lebanese spices and flame-grilled over coals. Served with chips.

CHOOSE BETWEEN CHIPS OR RICE  
WITH ANY OF OUR MEATY MAINS

## Mains & Grill

### • VEGETARIAN MAINS •

#### FALAFEL SPECIAL • 9.45 V

4 falafels served with hummus, salad & bread

#### MOUSSAKA • 9.45 V

Moussaka served on a bed of Mezza Me rice

#### OKRA • 9.45 V

Okra served on a bed of Mezza Me rice

#### VEG MIX PLATE • 10.95 V

Selection of 6 veg items chosen by our chef

### MIXED GRILL • 13.95

Grilled skewers of BBQ lamb (1), tawouk chicken breast (1) and kafta ground lamb (1). Includes grilled tomato and onion and served with Lebanese bread

### LAMB SHAWARMA • 10.95

Our authentically seasoned lamb grilled on a rotating spit served with Lebanese bread

### CHICKEN SHAWARMA • 10.45

Our authentically seasoned chicken breast and leg, grilled on a rotating spit and served with Lebanese bread. Includes garlic dipping sauce

### LAMB & CHICKEN SHAWARMA • 10.95

Our mix of authentically seasoned chicken & lamb shawarma served with Lebanese bread

### SPECIAL MIXED MEZZE • 11.95

A selection of five veg items chosen by our executive chef with chicken and lamb shawarma

### LAMB CHOPS • 13.50

Four grilled lamb chops marinated in our tomato pepper sauce, seasoned with authentic spices and served with Lebanese bread

### WHOLE BABY CHICKEN • 12.50

Whole chargrilled baby chicken seasoned with our secret Mezza Me seasoning served with Lebanese bread

### LAMB FILLET • 13.50

Two skewers of chargrilled seasoned lamb fillet served with Lebanese bread

### TAWOUK CHICKEN BREAST • 10.50

Regular or spicy. Two skewers of boneless, skinless marinated chicken breast grilled, served with Lebanese bread

### LAMB KOSH KASH • 11.95

Charcoal grilled skewers of minced lamb served on a bed of spicy sauce and fried vegetables

### KAFTA MINCED LAMB • 9.95

Two skewers of BBQ'd ground lamb served with Lebanese bread

### SEABASS • 13.50

Grilled seabass topped with our signature tomato black olive sauce

### VEGETABLE FATTEH • 9.45

Grilled cauliflower, aubergine, courgette and red peppers served in a warm fattah strained yoghurt sauce





## • COLD DRINKS •

### APPLE, MINT & GINGER DRINK • 2.95

Fresh handmade green apple, mint and ginger drink

POMEGRANATE & ROSEWATER	2.95
FRESH LEMONADE	3.25
FRESH ORANGE JUICE	3.25
FRESH MANGO JUICE	4.00
COKE BRAND SOFT DRINKS	1.80
YOGURT DRINK (AYRAN)	2.50
STILL WATER	1.70
SPARKLING WATER	1.70

## • HOT DRINKS •

### MEZZA ME TEA • 3.50

A blend of green tea, fresh mint, cinnamon stick and rose water

HOT TEA SELECTION	1.70
FRESH MINT	2.95
CAFÉ LATTE	2.50
CAPPUCCINO	2.50
ESPRESSO (SINGLE)	1.60
ESPRESSO (DOUBLE)	1.80

## • DESSERTS •

### BAKLAWA • 6 PCS 3.50

A selection of traditional Lebanese sweet treats made of layered pastry, nuts and syrup

### SAHLAB 5.00

Warming, rich and creamy milk-pudding, topped with nuts and cinnamon. Served warm and perfect for a cold evening.

### KNAFEH 6.00

Mozzarella cheese topped with filo pastry and baked until melted, topped with a drizzle of home-made syrup and roasted pistachios

 VEGETARIAN  SPICY DISH

Please ask your waiter for any allergy advice





# Topsy List

## • GOOD WINE •

	125ML	175ML	BOTTLE
LEBANESE RED	4.75	5.75	21.50
LEBANESE WHITE	4.75	5.75	21.50
LEBANESE ROSE	4.75	5.75	21.50

## • BETTER WINE •

	BOTTLE
CHATEAU KEFRAYA RED	24.50
ST THOMAS WHITE	24.50

## • COCKTAILS •

GINGER BEER RUM	8.50
ELDERFLOWER GIN	8.50

## • BEERS •

ALMAZA LEBANESE BEER	5.00
BRIXTON RELIANCE	5.00



شارع ٢١ | 21 RUE

# Catering Services

## Hosting a casual vibe?

Mezza Me's delicious catering menu will sure fill those hungry bellies. From juicy Shawarma bites to amazingly silky Hummus & Babaghanoush dips, you can mix and match your own items or go for our pre-selected favourites.





